

McKinleyville Senior Center

November 2017 Activities

Every Monday

8:30-9:30
10:30
1 - 4
12 - 3:30
Last Mon 11-12

Tai Chi
Walking Group at Hiller Park
Party Bridge
Computers (call for availability)
Low Vision Workshop

SENIOR CENTER

Open Hours: 9am-4pm
(Monday thru Friday)

Phone: 707-839-0191

Every Tuesday

9 - 11
9:30-10:30
10:40-11:40
12:30-3:30
1:30-2:30

TOPS
S.A.I.L. (formerly OsteoX)
Stretching
Bingo
Exercise

E-Mail: azaleahall@att.net

Address:
Azalea Hall
1620 Pickett Road
McKinleyville, CA 95519

Every Wednesday

8:30-9:30
9 - 12
10 - 12
10:30
1 - 4
First Wed 10 - 11
3rd Wed 10:30-11:30
Nov 29 12:00-1:00
Last Wed 1 - 2

Tai Chi
Computers (Call for availability)
Needlework
Walking Group at Hiller Park
Pinochle
Genealogy
Executive Board Meeting
Monthly Luncheon - Sloppy Joe, Coleslaw, Dessert, \$5
(Sign-up by 11/22)
Healthy Heart Club & Sweet Spot

Web Site:
<http://mckinleyvillecsd.com>

Every Thursday

9:30-10:30
10:30-12:00
10:40-11:40
12:30-3:30
Nov 2 11-11:45
Nov 9 11-11:45
Nov 16 11-11:45
Nov 30 11-11:45
NOV 23

S.A.I.L. (formerly OsteoX)
Pinochle Lessons
Stretching
Bingo
Mini-Lunch: Pea Soup & 1/2 Egg Salad Sandwich - \$3
Mini-Lunch: Meat Ball Soup & 1/2 Sandwich - \$3
Mini-Lunch: Hot Dogs & Sauerkraut - \$3
Mini-Lunch: Lentil Soup - \$3
THANKSGIVING - CLOSED

Every Friday

8:30-9:30
10:30
1 - 4
NOV 10
NOV 24

Tai Chi
Walking Group at Hiller Park
Pinochle
VETERANS DAY - CLOSED
THANKSGIVING - CLOSED