

# McKinleyville Senior Center

## April 2019 Activities

### Every Monday:

8:30 - 9:30 Tai Chi  
9 - 12 Computers (call for availability)  
10:30 am HighSteppers Walking at Hiller Park  
1 - 4 pm Party Bridge

**First Mon. April 1st - 10 - 11:30 am - Genealogy**  
**Last Mon. April 29th - 11am - Low Vision Workshop**  
**Last Mon. April 29th - 11am - Board Meeting**

**SENIOR CENTER  
OPEN HOURS:**  
9 am - 4 pm  
Monday through Friday

### Every Tuesday:

9 - 11 am TOPS  
9:30 - 10:30 SAIL (formerly OsteoX)  
10:40 - 11:40 Stretching  
12:30 - 3:30 BINGO  
1:00 - 2:00 Exercise

**PHONE:**  
707-839-0191

**EMAIL:**  
[azaleahall@att.net](mailto:azaleahall@att.net)

### Every Wednesday:

8:30 - 9:30 Tai Chi  
9 - 12 noon Computers (call for availability)  
9:45 - 11:00 Writing Workshop - *New!*  
10 - 12 noon Needlework  
10:30 HighSteppers Walking at Hiller Park  
1 - 4pm Pinochle

**WEB SITE:**  
<http://mckinleyvillecsd.com>

**Last Wed. April 24th - 12:00 - \$5 Monthly Luncheon:** French Dip w/  
Coleslaw, Sauteed Veggies & Dessert

**3rd Wed. April 17th - 11:00 Executive Board Meeting**

**ADDRESS:**  
Azalea Hall  
1620 Pickett Road  
McKinleyville, CA 95519

### Every Thursday:

9:30 - 10:30 SAIL (Stay Active & Independent for Life)  
10:30 - 12 Pinochle Lessons  
10:40 - 11:40 Stretching  
12:30 - 3:30 BINGO

**April 4th - 11-11:30 \$3 Mini-Lunch:** Beef Stew & Crackers

**April 11th - 11-11:30 \$3 Mini-Lunch:** Tuna Casserole & Jello Salad

**April 18th - 11-11:30 \$3 Mini-Lunch:** Bar-B-Qued Pulled Pork w/ Salad

**April 25th - 11-11:30 \$3 Mini-Lunch:** Sloppy-Joes w/ Cheese Squares &  
Veggies

### Every Friday:

8:30 - 9:30 Tai Chi  
10:30 Walking Group at Hiller Park  
1 - 4pm Pinochle